- Facebook
- Facebook
- Pottery Shows
- Directions



- Home
- Directions
- Featherstone Pottery History
- Tom & Jeff Larkin
- At The Farm
- Featherstone Calendar
- The Kiln
- Pottery Shows Photo Album
- Images of Our Pottery
- Recipes
- Contact Us
- What's Happening at Featherstone Pottery

Select Page

## Chickpea and Kale Hummus

Makes 2 to 2 1/2 cups

- 2 large kale leaves, rinsed well, stems removed, torn into pieces
- 1 medium carrot, peeled and cut into chunks
- 1-15 ounce can chickpeas (garbanzo beans), drained
- 1/3 cup mayonnaise, or more as needed
- 2 teaspoons yellow prepared mustard

- 1/4 cup fresh parsley leaves
- 2 green onions, cut into large pieces
- 2 tablespoons lemon juice
- 1/2 teaspoon curry powder, or more to taste
- 1/2 teaspoon ground cumin, or more to taste
- 1/4 teaspoon ground black pepper, or more to taste

Combine the kale and carrot in a food processor; pulse until finely chopped.

Add the remaining ingredients and pulse until the chickpeas are evenly chopped and everything is nicely blended—don't over-process; leave the mixture a bit chunky.

Refrigerate for a few hours or overnight to allow flavors to blend.

Transfer to your favorite Featherstone Pottery serving bowl. Serve with grainy chips or thinly sliced Featherstone Farm bread.

Enjoy!

Ref: Featherstone Pottery Fall Sale 2014



- Follow
- Follow
- Follow
- Follow

_		_		
	$\alpha$	/ \ ı ı r	Email	1 7 6 +
	()		-ша п	1 1 5 1
_	$O \pm II$	o a i		

Email	Address*	
Name		

Subscribe



Copyright 2008-2022 Featherstone Pottery — all images are the property of Featherstone Pottery. Please ask for permission if you would like to use them.

Website by Lisa Drew, Websites for a Song LLC